

Healthy & Appy

Using Apps in the Patient Centered Medical Home



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Learning Objectives

1. Discuss how to efficiently use point-of-care and patient-centered apps to optimize delivery of high quality healthcare during visits.
2. Demonstrate how such apps can improve the patient-physician relationship, enhance discussion, and empower patients in their care.
3. Identify and explain additional apps participants use to provide high quality healthcare during patient visits.



Disclosure

Chris Taggart, MD

- None

Jenna Worthen, MS

- None



Mini Computers

- Technology, especially smart phones, has allowed for **powerful COMPUTERS** to be in most people's pockets
- Many companies and developers have made CLINICAN and PERSONAL HEALTH programs to use with these computers
- More and more patients now have smart phones



Have you used apps?

IN DIRECT PATIENT CARE?

FOR YOUR OWN HEALTH?



What has been your experience?

PROS

CONS



Any concerns with using apps during patient care?

INTERFERE WITH PATIENT-PROVIDER RELATIONSHIP * MAKES YOU
LOOK LIKE A LESS COMPETENT PROVIDER * TAKES TOO MUCH TIME



The World of Apps

- There are numerous different apps out there
 - Most are free, some cost money
- New apps are being developed daily
 - Non-for-profit
 - For profit
- ***



The World of Apps -Point of Care-



- Epocrates \$0 - \$174.99/year Athena Health



- Diagnosaurus DDx FREE



- Shots Immunizations FREE STFM



- UpToDate \$53 / mo - \$1,199 / 3yrs
Many institutions provide this



The World of Apps -Point of Care-



- Family Practice Notebook Free Has jokes



- AQHR ePPS Free USPSTF



- AACE 2016 Diabetes Algorithm Free



- MD Calc Free iPhone only



The World of Apps -Patient-



- My Fitness Pal

Free



- Map My Run

Free



- Apple Health

Free



- MyPlate Calorie Tracker

Free





Show & Tell

EPROCATES * SHOTS * MDCALC * AQHR EPPS * OTHERS





Show & Tell

MY FITNESS PAL * MAP MY RUN * APPLE HEALTH * OTHERS



Time to Share

DISCUSS OTHER APPS YOU USE SO ALL CAN LEARN



Questions



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