



The Colorado Residency PCMH Learning Collaborative

Thursday, October 20th, 2016

Courtyard by Marriott Cherry Creek
1475 South Colorado Blvd, Denver, CO 80222

Please dress comfortably for this event.

8:00-9:00 AM	Registration and Continental Breakfast	Skyline Ballroom
9:00-9:15 AM	Welcome and Opening Remarks Amelia Challender, MA, Colorado Association of Family Medicine Residencies	Skyline Ballroom
9:15-10:45 AM	Patient-Centered Chronic Pain Management in the Medical Home Peter C. Smith, MD, Assistant Dean for Clinical Affairs, University of Colorado School of Medicine Shandra Brown Levey, PhD, Director of Integrated Services, Department of Family Medicine, University of Colorado School of Medicine	Skyline Ballroom
10:45-11:00 AM	<i>Break/Transition to rooms for breakout sessions</i>	
11:00-12:00 PM	Cultivating Wellness in Your Professional Role: Break-out Meetings	
	Resident Physicians Ariana Hoet, MA, Psychology Intern, University of Colorado Family Medicine Residency Briana Robustelli, MA, Psychology Extern, University of Colorado Family Medicine Residency	Colorado A
	Clinical Staff (MA, RN, LPN) Deborah Essert, MA, Psychology Intern, University of Colorado Family Medicine Residency Victoria Liou-Johnson, MA, Psychology Intern, University of Colorado Family Medicine Residency	Colorado B
	Providers (Physician Faculty, Nurse Practitioner, Physician Assistant) Jennifer Caragol, MD, Assistant Professor, University of Colorado Family Medicine Residency	Platte River
	Interdisciplinary Staff/Faculty (Behavioral scientist, care manager, PharmD, LPC, LMFT) Laurie Ivey, Psy.D., Director of Behavioral Health, Swedish Family Medicine	Skyline Ballroom
	Administrative Staff (scheduler, reception, admin support, practice management) Nicole Deaner, MSW, PCMH CCE, Practice Facilitator, HealthTeamWorks	Skyline Ballroom
	Program Directors Kim Marvel, PhD, Colorado Association of Family Medicine Residencies	Skyline Ballroom
12:00-12:10	<i>Break/Transition to Skyline Ballroom</i>	

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12:10-12:30	<i>A plated lunch will be served as participants are seated. Please find a seat as soon as you are ready to eat so that the meal can be served in a timely manner.</i>	
12:30-1:20 PM	Payment Reform: Why It Matters to All of Us Perry Dickinson, MD, Professor, University of Colorado Department of Family Medicine	Skyline Ballroom
1:20-1:30 PM	Recognition of the Colorado PCMH Residency Project Kim Marvel, PhD, Colorado Association of Family Medicine Residencies	Skyline Ballroom
1:30-1:45 PM	<i>Break/Transition to Rooms for Concurrent Sessions</i>	
1:45-2:30 PM	Concurrent Sessions Team Communication Essentials: It's not what you say, but how you say it Kathy Cebuhar, MA, LPC, Practice Transformation Coach Corey Lyon, DO, Medical Director, AF Williams Family Medicine	Skyline Ballroom
	Motivational Interviewing and Agenda Setting in the Patient Encounter Laurie Ivey, Psy.D., Director of Behavioral Health, Swedish Family Medicine	Colorado A
	A Higher Peak: Exploring your Personal Vision in the PCMH Journey Kristen Bené, PhD, Associate Director for Education, Fort Collins Family Medicine Residency Jaclyn King, MSW, PCMH CCE, Practice Facilitator, HealthTeamWorks	Colorado B
	Healthy and Appy: Using Apps in a Patient Centered Medical Home* <i>*Participants are encouraged to bring apps they use to share with other participants at the end of the session.</i> Christopher Taggart, MD, Faculty Physician, St. Mary's Family Medicine Residency Jenna Worthen, MS, Care Manager, Rose Family Medicine Residency	Platte River
2:30-2:45 PM	<i>Break/Transition to Rooms for Practice Meetings; Snacks and coffee will be available in the Ballroom</i>	
2:45-3:45 PM	Practice Meetings Southern Colorado Family Medicine Swedish Family Medicine Rose Family Medicine	Colorado A
	St. Anthony's North Family Medicine Bruner Family Medicine	Colorado B
	A.F. Williams Family Medicine Center	Platte River
	Uptown Primary Care Fort Collins Family Medicine Residency Lowry Family Health Center St. Mary's Family Medicine Residency North Colorado Family Medicine	Skyline Ballroom

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Session Titles, Learning Objectives, and Presenter Email Addresses

	Title	Learning Objectives <i>By the end of the session, participants will be able to...</i>	Presenters	Presenter email addresses
Plenary	Patient-Centered Chronic Pain Management in the Medical Home	<ol style="list-style-type: none"> 1. Develop increased self-efficacy around caring for patients with chronic pain; 2. Describe a modern explanation of chronic pain as a centrally mediated sensory experience; 3. Discuss ways to apply population health approaches to manage patients with chronic pain within their own practice; and 4. Describe evidence-based practices for addressing chronic pain, including prescribing practices and interpersonal communication; 	Peter C. Smith, MD, Assistant Dean for Clinical Affairs, University of Colorado School of Medicine; Shandra Brown Levey, PhD, Director of Integrated Services, Department of Family Medicine, University of Colorado School of Medicine	Peter.Smith@ucdenver.edu ; Shandra.brownlevey@ucdenver.edu
Breakout Meetings	Cultivating Wellness in Your Professional Role	<ol style="list-style-type: none"> 1. Use wellness techniques/tools to stay grounded and motivated in the work environment; 2. Discuss methods of cultivating personal wellness within their own work position; 3. Identify methods of cultivating team wellness in their work environment; and 4. Recognize challenges common in their position as well as ways of overcoming these challenges. 	<ol style="list-style-type: none"> 1. Jennifer Caragol, MD, Assistant Professor, University of Colorado Family Medicine Residency 2. Laurie Ivey, Psy.D., Director of Behavioral Health, Swedish Family Medicine 3. Nicole Deaner, MSW, Training & Education Director, HealthTeamWorks 4. Ariana Hoet, MA, Psychology Intern, University of Colorado Family Medicine Residency 5. Briana Robustelli, MA, Psychology Intern, University of Colorado Family Medicine Residency 6. Deborah Essert, MA, Psychology Intern, University of Colorado Family Medicine Residency 7. Victoria Liou-Johnson, MA, Psychology Intern, University of Colorado Family Medicine Residency 	Jennifer.caragol@ucdenver.edu ; Laurie.Ivey@HealthONECares.com ; ndeaner@healthteamworks.org ; Ariana.hoet@ucdenver.edu ; Briana.robustelli@ucdenver.edu ; Deborah.essert@ucdenver.edu ; Victoria.liou-johnson@ucdenver.edu
Plenary	Payment Reform: Why It Matters to All of Us	<ol style="list-style-type: none"> 1. Describe the current landscape for changes in payment methods, in Colorado and beyond; 2. Discuss the close linkage between the new payment models and practice transformation; and 3. Identify how payment reform will affect all roles in residency programs. 	Perry Dickinson, MD, Professor, University of Colorado Department of Family Medicine	perry.dickinson@ucdenver.edu

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Concurrent Sessions	Team Communication Essentials: It's not what you say, but how you say it	<ol style="list-style-type: none"> 1. Describe the four most common types of communication methods (assertive, aggressive, passive, and passive-aggressive) and how to identify them in people; 2. Identify the unique communication barriers that exist within your primary care clinic; and 3. Utilize tools to overcome communication barriers and improve communication among providers and staff your clinic. 	Kathy Cebuhar, MA, LPC, Practice Transformation Coach; Corey Lyon, DO, Medical Director, AF Williams Family Medicine	Kathy.Cebuhar@ucdenver.edu ; corey.lyon@ucdenver.edu
	Motivational Interviewing and Agenda Setting in the Patient Encounter	<ol style="list-style-type: none"> 1. Use techniques to help a patient set an agenda for their medical appointment; and 2. Use at least three key techniques of motivational interviewing to assist with patient engagement. 	Laurie Ivey, Psy.D., Director of Behavioral Health, Swedish Family Medicine	Laurie.Ivey@HealthONEcares.com
	Healthy and Appy: Using Apps in the Patient-Centered Medical Home	<ol style="list-style-type: none"> 1. Discuss how to efficiently use point-of-care and patient-centered apps to optimize delivery of high quality healthcare during visits; 2. Demonstrate how such apps can improve the patient-physician relationship, enhance discussion, and empower patients in their care; and 3. Identify and explain additional apps participants use to provide high quality healthcare during patient visits. 	Christopher Taggart, MD, Faculty Physician, St. Mary's Family Medicine Residency; Jenna Worthen, MS, Care Manager, Rose Family Medicine Residency.	Christopher.Taggart@sclhs.net
	A Higher Peak: Exploring your Personal Vision in the PCMH Journey	<ol style="list-style-type: none"> 1. Explain why personal well-being is important to the QI process; 2. Explore individual goals and dreams for your career; and 3. Discuss strategies for bringing yourself closer to achieving your goals. 	Kristen Benè, PhD, Associate Director for Education, Fort Collins Family Medicine Residency; Jaclyn King, MSW, PCMH CCE, Practice Facilitator, HealthTeamWorks	Kristen.Bene@uchealth.org ; jking@healthteamworks.org

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