



## NORTH COLORADO FAMILY MEDICINE: WRAY RURAL TRAINING TRACK PROGRAM



--**Wray Program** accepts 1 resident each year (so one 1<sup>st</sup> year/one 2<sup>nd</sup> year/one 3<sup>rd</sup> year at all times)

--The first 15 months of training are with the Core Program in Greeley, Colorado

--Continuity clinic occurs at North Colorado Family Medicine during these first 15 months.

--In September of their second year, the resident moves to Wray, Colorado for the remainder of residency training

--Moving expenses are reimbursed and residents are given a stipend of \$1000 per month (on top of salary and benefits) once they're living in Wray.

--**Wray faculty:** 4 family physicians (all do OB and Cesarean Sections), 2 physician assistants, 1 nurse practitioner, 1 general surgeon, and visiting specialists (including audiology, cardiology, dermatology, ear/nose/throat, general surgery, gynecology, hematology/oncology, ophthalmology, orthopedics, podiatry, pulmonology, neurology, and urology).

--The **curriculum** while in Wray is arranged longitudinally. Each workday begins with rounding on inpatients followed by a discussion with the entire local medical community about these patients, as well as interesting patients seen overnight in the emergency department (ED). Most days are then spent in continuity clinic.

--Second-year resident physicians cover the ED for nine 24-hour shifts per month (from home at night)  
--Third year resident physicians cover the ED for seven 24-hour shifts per month (from home at night)  
--Wray resident physicians work with visiting specialists on a longitudinal basis and when the specialists are visiting the community.

--**Didactics:** Residents participate with their classmates in Greeley for Wednesday afternoon didactics, alternating between traveling back to Greeley once per month and, the other times, participating via video conferencing.

--Time is spent at the **Wray Community District Hospital**. It opened in 1995 and is a 15-bed critical access hospital with Level IV trauma services. It is a model rural hospital with 2 operating rooms, a 2-bay emergency room, radiology including CT scanner and mammography, cardiac rehabilitation center and other ancillary services. It also serves as the site for frequent specialty clinics (noted above).



--**Continuity clinic** occurs at the **Wray Clinic** (connected to the hospital). It opened in 2003 and is a 10,000 square-foot clinic connected to the hospital. It contains 16 exam rooms, 2 procedure rooms and a lab.



--**Wray Community:** Population ~2300. Located ~140 miles East of Greeley. Located in a river valley and surrounded by bluffs and rolling hills. Impressive community with many amenities that set it apart when compared to other similar sized towns. Amenities include a large recreation center, water park, amphitheater, restaurants, listening room/restaurant for frequent concerts by traveling musicians, museum with permanent Smithsonian exhibit, a walking/bike path through town, a golf course, summer festivals and more!



--**Experience:** Residents are involved in everything in the community that's fun and interesting medically. Residents have a high level of autonomy with back up supervision available. The longitudinal curricular approach leads to a tremendous experience in both rural continuity clinic and rural emergency department coverage while still meeting all ACGME requirements for training in other disciplines.

--**Graduates** of the Wray Rural Training Program typically perform 60-80 C-sections, 110-180 total deliveries, 200 colonoscopies, 100 EGD's as well as exercise cardiac stress tests, OB ultrasound, a high volume of fracture management, tubal ligations, colposcopy, electrical cardioversion, use of thrombolytics for acute myocardial infarctions and strokes, among many other procedures. 100% of grads have gone to practice in rural areas!

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Banner Health

North Colorado  
Family Medicine

Residency Training Program

1600 23<sup>rd</sup> Avenue

Greeley, CO 80634

Phone: 970 810 2800

Rural Program Coordinator:

Melissa Dillon: [Melissa.Dillon@bannerhealth.com](mailto:Melissa.Dillon@bannerhealth.com)

